



Zoosophy

Practice for Energetic and
Shamanic Healing

Anna and Heike Bödeker



We perform treatment on humans and animals.

No treatment without prior appointment.

Appointments only by email and telephone.
No exceptions made in cases of emergency.

We also can arrange for home visits. This could turn out to be the advantageous as we could spot any possible source of interference that contributes to your pain and your illness.

Animal treatment preferably should be done at your home, as the transport of small animals (such as cats) is a major source of stress to them, therefore heavily interfering with treatment. To big animals we cannot accommodate in our practice.



Energetic and shamanic healing offers an alternative to persons seeking help. It is not intended to compete with orthodox medical schools or other holistic approaches. It aims to promote healing in a holistic sense, to stimulate self-healing powers, as well as to encourage and support people in taking responsibility for their own lives. Our approach to healing may complement other therapies or be applied independently.



Our healing method is derived from that of some North American peoples, whereby humans, animals and also plants are viewed as living and cooperating in network-like close ties.

We for the most part work with energies that in their original form originate from the Earth's interior, and occur in many forms in animals and plants. Negative energy fields in the body can be localized by hand, as also is the case with inflammatory foci, irritated or overly tensed parts of musculature, tendons and the skeleton, as well as damaged nerve tracts.

With the energy beam the hand sends out, negative energy fields can be "flushed out", which helps to decontaminate and cleanse one's system.



Energetic and shamanic healing is essentially based on the modulation of moderate to strong energy flows, which are directed by the hand and the mind. The healer you booked therefore needs, after a preliminary discussion, a cleansing ritual before and after the ac-

tual treatment.

When going for detoxication, you should not make further appointments for the hours immediately following the treatment. In most cases, such treatment leads to physical reaction.



In this context, we point out that we do not do any work on the body, no massages, and do not prescribe medication. If you would like a treatment based on the principles of natural medicine, please contact a naturopathic doctor or alternative practitioner. We strongly recommend that clients suffering psychological problems seek psychoanalytic or psychological treatment.

When appearing for treatment, please do wear comfortable clothing (cotton, wool, no

leather or similar) and take off energy-flow deflecting jewelry.

For more information, please visit our website "www.zoosophy.de" or give us a call. We can call you back.

To make an appointment just send an email or give us a call. We will contact you.

Please also note our downloadable information leaflet with legal information and privacy policy.

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**Treatment by appointment only
(home visits possible)**